

# **Educational Pearl**

## **Empiric Pip-Tazo in Intra-Abdominal Infections**

Empiric antibiotics recommended for community-acquired intra-abdominal infections should provide activity against Enterobacterales (e.g. *E. coli*), aerobic streptococci, and <u>obligate anaerobic bacteria</u> (e.g. *Bacteroides fragilis*). Recommended regimens from 2017 Surgical Infection Society (SIS) Intra-abdominal Infection Guidelines include ceftriaxone, cefotaxime, or ciprofloxacin, all in combination with metronidazole. However, <u>antipseudomonals</u> such as piperacillin-tazobactam are often ordered. Is this appropriate?

#### What do guidelines say?

The 2017 SIS guidelines recommend piperacillin-tazobactam be used in **higher risk** community-acquired intra-abdominal infections and **healthcare-associated** intra-abdominal infections. Piperacillin-tazobactam should be reserved to decrease the emergence of antimicrobial resistance.<sup>1</sup>

#### What is the evidence?

In a retrospective cohort study comparing antipseudomonal antibiotics to narrow spectrum antibiotics in community-acquired <u>diverticulitis</u> and <u>appendicitis</u>, most patients in the antipseudomonal arm were treated with piperacillin-tazobactam (61.7%) and most patients in the narrow-spectrum arm were treated with ceftriaxone and metronidazole (79.3%). There were no difference in 90-day treatment complications, hospital length of stay, 90-day readmission, *Clostridioides difficile* infection, or mortality.<sup>2</sup>

In another retrospective cohort study comparing piperacillin-tazobactam to ceftriaxone and metronidazole for complicated diverticulitis, ceftriaxone and metronidazole was found to be non-inferior to piperacillin-tazobactam in 30-day readmission or all-cause mortality. There were no differences in 30-day antibiotic failure or 90-day *C. difficile* infection.<sup>3</sup>

**Key Takeaway:** Piperacillin-tazobactam should NOT be used empirically in low-risk community-acquired intra-abdominal infections. Narrow spectrum therapies like ceftriaxone and metronidazole should be used to preserve broader-spectrum antibiotics like piperacillin-tazobactam for high-risk patients and those with healthcare-associated intra-abdominal infections.

### **References:**

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- 2. Worden LJ, Dumkow LE, VanLangen KM, Beuschel TS, Jameson AP. Antipseudomonal Versus Narrow-Spectrum Agents for the Treatment of Community-Onset Intra-abdominal Infections. *Open Forum Infect Dis*. 2021;8(11):ofab514. Published 2021 Nov 15. doi:10.1093/ofid/ofab514
- 3. Carns W, Arndt R, Ausman S, et al. Clinical impacts of utilizing ceftriaxone and metronidazole versus piperacillin/tazobactam in patients diagnosed with complicated diverticulitis. *Am J Surg.* 2025;241:116195. doi:10.1016/j.amjsurg.2025.116195