



## Beat the Bug: Carbapenem-Resistant *Acinetobacter baumannii*

*Acinetobacter baumannii* is a gram-negative coccobacilli that is associated with opportunistic infections and healthcare exposure.<sup>1</sup> Treating infections due to carbapenem-resistant *A. baumannii* (CRAB) isolates is difficult due to limited antibiotic options.<sup>2</sup> Which antibiotics can be used to treat CRAB infections and what are some considerations for their use?

### What guidance is available?

Guidance for the treatment of infections due to CRAB provided by the Infectious Diseases Society of America (IDSA) are summarized below.<sup>2</sup> Initial combination therapy is suggested in patients with moderate-severe infections. Monotherapy can be considered with clinical improvement or in mild infections.<sup>2</sup>

**Table 1: Treatment Recommendations for CRAB Infections**

	Antibiotic	Notes
1 <sup>st</sup> Line	Durlobactam-sulbactam	- Preferred antibiotic for moderate-severe CRAB infections though has not been compared to ampicillin/sulbactam based antibiotic regimens - Combo with a carbapenem is preferred - Durlobactam protects sulbactam from beta-lactamases except <a href="#">metallo-β-lactamases</a>
	Ampicillin-sulbactam	- Sulbactam is the active component; ampicillin has no activity against CRAB isolates - Amoxicillin-clavulanate is <b>not</b> an oral option due to minimal activity against CRAB isolates <sup>3</sup> - Do not combine with durlobactam-sulbactam - High-dose suggested by IDSA: 9 g IV q8h infused over 4 hours <b>OR</b> 27 g IV infused over 24 hours
	Minocycline	- High-dose suggested by IDSA: 200 mg IV/PO q12h - CLSI susceptible breakpoint recently adjusted from ≤ 4 µg/mL to ≤ 1 µg/mL; use caution when MIC > 1 µg/mL <sup>4</sup>
2 <sup>nd</sup> Line	Tigecycline	- Do not combine with minocycline - Not suggested as monotherapy in bloodstream infections - High-dose suggested by IDSA: 200 mg IV x1 then 100 mg IV q12h - No breakpoints available for <i>A. baumannii</i> – use caution when MIC > 1 µg/mL <sup>4</sup>
	Polymixin B, colistin	- IDSA suggests against monotherapy - Polymixin B preferred over colistin in systemic infections due to better kinetics and reduced nephrotoxicity <sup>5</sup>
Last Line	Cefiderocol	- Consider preserving for other resistant gram-negative infections (e.g. metallo-β-lactamases)
Adjunct Only	Meropenem, imipenem	- Do not use as monotherapy - Combo with durlobactam-sulbactam is a preferred option suggested by the IDSA - High-dose suggested by IDSA: meropenem 2 g IV q8h over 3 hours <b>OR</b> imipenem 500 mg IV q6h infused over 3 hours

**Key Takeaway:** Antibiotic options are limited in carbapenem-resistant *A. baumannii* infections. Sulbactam-based regimens are the cornerstone of treatment. Initial combination therapy is preferred for moderate to severe infections, but monotherapy can be considered with clinical improvement or initially in mild infections.

### References:

- Howard A, O'Donoghue M, Feeney A, Sleator RD. *Acinetobacter baumannii*: an emerging opportunistic pathogen. *Virulence*. 2012;3(3):243-250. doi:10.4161/viru.19700
- Tamma PD, Heil EL, Justo JA, Mathers AJ, Satlin MJ, Bonomo RA. Infectious Diseases Society of America 2024 Guidance on the Treatment of Antimicrobial-Resistant Gram-Negative Infections. *Clin Infect Dis*. Published online August 7, 2024. doi:10.1093/cid/ciae403
- Higgins PG, Wisplinghoff H, Stefanik D, Seifert H. In vitro activities of the beta-lactamase inhibitors clavulanic acid, sulbactam, and tazobactam alone or in combination with beta-lactams against epidemiologically characterized multidrug-resistant *Acinetobacter baumannii* strains. *Antimicrob Agents Chemother*. 2004;48(5):1586-1592. doi:10.1128/AAC.48.5.1586-1592.2004
- Clinical and Laboratory Standards Institute. M100: performance standards for antimicrobial susceptibility testing. 35 ed. 2025.
- Tsuji BT, Pogue JM, Zavascki AP, et al. International Consensus Guidelines for the Optimal Use of the Polymyxins: Endorsed by the American College of Clinical Pharmacy (ACCP), European Society of Clinical Microbiology and Infectious Diseases (ESCMID), Infectious Diseases Society of America (IDSA), International Society for Anti-infective Pharmacology (ISAP), Society of Critical Care Medicine (SCCM), and Society of Infectious Diseases Pharmacists (SIDP). *Pharmacotherapy*. 2019;39(1):10-39. doi:10.1002/phar.2209