# Vancomycin + Piperacillin/Tazobactam: Where Do We Stand?

Jamison Montes de Oca, PharmD

**Grand Rounds** 

Norton Infectious Disease Institute

### Objectives

- Describe the historical association of nephrotoxicity between vancomycin and piperacillin/tazobactam
- Identify methods to reduce the risk of nephrotoxicity when using vancomycin and piperacillin/tazobactam



#### **Patient Case**

68 y/o male (110 kg) with PMH CKD and CHF presents from home with shortness of breath and fever. Bedside CXR is suggestive of LLL infiltrates. Patient was emergently intubated, blood cultures were obtained, and due to hemodynamic instability, vasopressors were started. The team suspects pneumonia and elects to empirically start antibiotics.

- 101.4 F (38.6 C)
- HR 120
- Ventilated, FiO<sub>2</sub> 50%
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Antibiotic selection:

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#### Piperacillin/ Tazobactam

- Broad gram positive and gram negative (with antipseudomonal activity)
- Known to on very rare occasion lead to acute interstitial nephritis (AIN) resulting in acute kidney injury (AKI)
- Inhibits tubular secretion of creatinine (pseudo-elevation)







### Vancomycin

- 1<sup>st</sup> line therapy for MRSA coverage and empiric gram positive coverage
- Commonly induces a reversible nephrotoxicity due to uncertain mechanisms (proximal tubule cell damage vs interstitial nephritis)
- Typically exposure related





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Mandell et al. Principles of Practice of Infectious Disease. 2020

Vancomycin Risk Factors for Nephrotoxicity Å

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Trough >20 mg/L



History of renal disease





Severity of illness (ICU)

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Duration >7 days



Concomitant nephrotoxic drugs



## So, why the fear?

Piperacillin/ Tazobactam







#### Piperacillin/Tazobactam + Vancomycin

## **Commonly Avoided?**



#### A Tale of Two Abstracts

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#### RETROSPECTIVE EVALUATION OF THE INCIDENCE OF VANCOMYCIN AND/OR PIPERACILLIN-TAZOBACTAM IN-DUCED ACUTE RENAL FAILURE

Thaddaus Hellwig, South Dakota State University/Sanford USD Medical Center, Rhonda Hammerquist, Beth Loecker, Jaime Shields, Sanford USD Medical Center

Introduction: Vancomycin and piperacillin-tazobactam are antibiotics used to treat a variety of infections. Acute renal failure (ARF) has historically been associated with vancomycin while incidence rates of ARF with piperacillin-tazobactam are limited. Anectdotal observations at our facility have demonstrated higher than expected rates of ARF with piperacillin-tazobactam. Hypothesis: The rate of ARF with piperacillin-tazobactam is equal to rates with vancomycin. Methods: Retrospective review of all patients 18 years and older admitted to Sanford USD Medical Center receiving either vancomycin and/or piperacillin-tazobactam for at least 48 hours over a 6 month period. ARF was defined as either an increase of serum creatinine (SCr) equal to  $\ge 0.5 \text{ mg/dL}$  or a  $\mu$  50% increase from baseline. Data collection included SCr, vancomycin levels, nephrotoxic medications, additional antibiotics, unit of hospital during initiation of therapy (floor or ICU), dialysis, and death. A p-value ( $\alpha = 0.05$ ) was used for comparisons between treatment groups and development of ARF. The 95% confidence intervals and p-values were also computed for further analysis. Results: A total of 735 subjects were evaluated with an overall rate of 10.5% of subjects developing ARF in the groups of vancomycin, piperacillin-tazobactam, or combination therapy. The respective proportions of all patients developing ARF were 4.9%, 11.1%, and 18.6% (vancomycin vs. piperacillin-tazobactam, p = 0.014; vancomycin vs. combination, p = 0.0001; respective proportion of patients within the ICU developing ARF were 6.0%, 12.2%, and 21.2% (vancomcyin vs. piperacillintazobactam, p = 0.279; vancomycin vs. combination, p = 0.005). Significant characteristics leading to ARF included: unit of admission during initiation of antibiotics and total number of nephrotoxic medications. There was no statistical difference noted in baseline SCr or number/duration of additional antibiotics leading to ARF. Conclusions: Piperacillin-tazobactam demonstrated a significant increased rate of ARF compared to vancomycin in the overall population but not in the ICU population. Combination therapy showed an increased rate of developing ARF compared to vancomycin amongst both populations.

#### ACUTE KIDNEY INJURY IN PATIENTS RECIEVING CON-COMITANT VANCOMYCIN AND PIPERACILLIN/TAZOBAC-TAM

Emily Min, Kevin Box, James Lane, Jose Sanchez, Raul Coimbra, Jay Doucet, Bruce Potenza, Lindsay Wargel, University of California San Diego Medical Center

Introduction: Acute kidney injury (AKI) in critically ill patients has been associated with a two to six-fold increased risk of death over non-AKI patients. Nephrotoxic drugs can contribute to the development of AKI. Vancomycin and piperacillin/tazobactam (pip-tazo) are individually considered mildly nephrotoxic; however, the renal insult associated with their concomitant use is currently not described. Hypothesis: We hypothesize that concomitant use of vancomycin and pip-tazo is associated with higher rates of AKI than treatment with vancomycin or pip-tazo alone. Methods: Patients admitted to the surgical intensive care unit (SICU) during a one-year period who received vancomycin and/or pip-tazo for at least 48 hours were studied. The subset of treated patients developing AKI was then identified based on a serum creatinine (SCr) increase to greater than 1.5 times baseline during antibiotic therapy. Data collected from the electronic medical record included patient demographics; antibiotic indication, dose, and course; SCr; and concomitant use of other nephrotoxic agents. The primary endpoint was the incidence of AKI. Results: During the study period, 73 patients were treated concomitantly with vancomycin and pip-tazo, and 67 patients were treated with vancomycin alone. Due to the small sample size, the pip-tazo alone group (N = 10) was excluded from analysis. Baseline demographic data was well-matched between the groups. Factors potentially contributing to the development of AKI, such as severity of illness as measured by APACHE II score and concomitant use of other nephrotoxic agents, were controlled for in the analysis. The incidence of AKI was higher in the vancomycin/pip-tazo group (40.5%) compared to the vancomycin alone group (9.0%; p<0.001). Conclusions: Concomitant use of vancomycin and pip-tazo is associated with a higher incidence of AKI than treatment with vancomycin alone among SICU patients.



Hellwig et al. Crit Care Med. 2011 Min et al. Crit Care Med. 2011

### Cascade of Retrospective Research

Nephrotoxicity during Vancom Therapy in Combination with Piperacillin-Tazobactam or Cefe Cefepime



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Figure available at: PubMed.ncbi.nih.gov

#### Research Findings

- Vancomycin vs. vancomycin + piperacillin/tazobactam combination and the frequency of nephrotoxicity or AKI
- Typically, data supported the combination led to more incidence of AKI
- Systematic Reviews conducted also came to similar conclusions\*



What have we done to mitigate the risk? • Avoid the combination?

Select alternative gram positive agent

Select alternative beta-lactams



#### Avoid Vancomycin?

- Strategy to Prevent Nephrotoxicity in Patients With Multiple Risk Factors for Adverse Renal Outcomes (STOP-NT)
  - Objective
    - Evaluate early switch to less nephrotoxic antimicrobials to prevent AKI in high-risk patients receiving vancomycin
  - Design
    - Randomized Controlled Trial (n=103)
  - Primary Outcome
    - Nephrotoxicity
  - Secondary Outcome
    - Modified AKI definition



STOP-NT: Results and Implications

- Nephrotoxicity
  - 6.1% vs 9.8%, respectively, P = 0.72
- Modified AKI
  - 32.7% vs 31.4%, respectively, P = 0.89
- Conclusion
  - Vancomycin is not the influential factor to lead to AKI in this high-risk patient population and using a less-nephrotoxic agent led to similar rates of kidney insult

Take Away: Alternative strategies, such as enhanced monitoring in patients at risk



Cefepime or Meropenem Instead?

- Vancomycin + cefepime or meropenem versus vancomycin + piperacillin/tazobactam was significant for more AKI in those receiving piperacillin/tazobactam
  - No difference in critically ill populations\*

 Has pushed many providers to pursue cefepime or meropenem as the beta-lactam backbone in patients

#### Is this a reasonable route to take?



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Luther et al. Crit Care Med 2018

What can we take away from the data?

Vancomycin + Piperacillin/TazobactamWell understood or reasonable pathophysiological<br/>explanation for additive nephrotoxicity/AKI?Using alternatives to vancomycin negates AKI?Using alternative to piperacillin/tazobactam negates AKI?

#### Possible conclusion:

Patients are likely to get nephrotoxicity or AKI regardless of exposure  $\rightarrow$  focus on mitigating risk



#### Return to Risk Factors

Trough >20 mg/L

History of renal disease





Severity of illness (ICU)



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Duration >7 days



Concomitant nephrotoxic drugs

Implement Strategies on the Patient and System Level to Mitigate Kidney Injury and Exposure to Vancomycin



#### Mitigate AKI on the Patient

- Assess appropriateness of empiric combination therapy
- Assess risk factors for AKI development
- Limit the exposure of vancomycin or combination therapy





Patient Specific Approaches: Improve Assessment

- Patients presenting in critical illness are likely going to develop an AKI/are already in AKI despite lab values
  - Creatinine is a lagging factor
- Large patients will require larger doses which will increase risk
- Not all patients require vancomycin + piperacillin/tazobactam
- Not all indications require broad or combination vancomycin + piperacillin/tazobactam
- Follow-up with microbiology and de-escalate/discontinue to limit vancomycin duration and exposure





#### Mitigating AKI on the System Level

- Implementation of Stewardship Policies and Protocols to standardize practice
- Cooperation with the interdisciplinary team is key





#### System Level Stewardship Examples





Maintain Standardized Stewardship Practices









#### **Patient Case**

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#### Main Points

- Vancomycin+ piperacillin/tazobactam may contribute additional risk to developing AKI
  - Likely additional factors contributing the risk of AKI in these patients and vancomycin may be the driving force
- Identification of risk factors for AKI with vancomycin may be the strongest action we can take on the individual patient to mitigate risk
- Implementation of stewardship policies can standardize practice and mitigate AKI development with vancomycin on a system scale
- Use of vancomycin + piperacillin/tazobactam can still be an appropriate empiric regimen



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